

# INTEGRATING HIV PREVENTION INTO WOMEN'S WELLNESS



## HIV Testing

- **HIV testing and prevention** must be recognized as a **vital element of women's overall wellness** and incorporated into sexual and reproductive healthcare efforts throughout a person's lifespan
  - These efforts need to be holistic, valuing *all* elements of women's well-being (e.g., physical, emotional, lifestyle preferences and choices)
- Women should be offered HIV testing as a part of their **regular wellness routine** as recommended in US federal HIV treatment and prevention guidelines, **not just during pregnancy**

Access discussion guide and resources: [bit.ly/HCPSexHealthTalk](https://bit.ly/HCPSexHealthTalk)