

# INTEGRATING HIV PREVENTION INTO WOMEN'S WELLNESS



## Sexual Pleasure and HIV Prevention

- Efforts to promote sexual pleasure have been demonstrated to improve the effectiveness of sexual and reproductive health interventions, including HIV prevention strategies
  - Providers need to engage women in **discussions about sexual health that center women's sexual pleasure**. While talking about sex may be challenging, discussions around sexual health may increase a sense of well-being and open the door to discussion around effective prevention and autonomy
  - Sexual and reproductive health mean different things to different women – providers need to meet them where they are
  - **Prevention tools like PrEP can increase women's bodily autonomy** (control of and decision-making about what does and does not happen to one's body) and sense of agency around sex

Access discussion guide and resources: [bit.ly/HCPSexHealthTalk](https://bit.ly/HCPSexHealthTalk)